

# **DAY PROGRAMS - CLAYTON**

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	Program	Additional Information
<b>MON</b>	Road Safety	Designed to teach safe, and independent use of roads and public spaces. Classes are delivered through interactive lessons, visual and tactile materials, demonstrations, simulations, and supervised outdoor practice.
	Gain The Edge	A structured capacity-building program designed to support participants to develop life, employability, and digital skills that are essential for everyday independence, volunteering, and future employment opportunities.
<b>TUE</b>	Literacy & Numeracy	A friendly classroom environment to help participants learn numeracy and literacy skills for everyday life. Lessons focus on practical skills that support independence and confidence.
	Creative Ability	The creative ability art program is a structured, inclusive group atmosphere designed to support participants to explore creativity, self-expression, and wellbeing through art.
	Baking	A cooking program designed around baking for people who enjoy hands-on, learning and additional support. The program builds confidence, independence, and daily living skills through the full cooking process: shopping, preparing, cooking, eating, and cleaning up a meal.
<b>WED</b>	Work & Life Success	Person-centered, inclusive, and flexible, focusing on real-life practice and individual goals. Participants are supported to build and develop skills, confidence, independence, access their communities which are essential for everyday life.
<b>THU</b>	Work Education	The Certificate I in Work Education supports participants with intellectual disability to explore work options and access pathways to further vocational education and training, improve employability and work readiness
	Fun in the Kitchen	A cooking program designed for people who enjoy hands-on, experiential learning and additional support. The program builds confidence, independence, and daily living skills through the full cooking process: shopping, preparing, cooking, eating, and cleaning up a meal.
<b>FRI</b>	Community Explorers	An inclusive program designed to support participants to travel safely, engage in meaningful activities, and build familiarity with community spaces through weekly outings.
	Ladies Day	Capacity-building program designed to develop confidence and practical skills when using public transport. Emphasis on supporting participants to practice planning trips, navigating stations/stops, managing time, and responding to changes while travelling in the community.

**Information:**

- All day programs run from **9am to 3pm**. Days include the programs listed above as well as community engagement, transport time, meals and breaks, quiet time, etc.
- Groups start/finish the day at Clayton South. However, travel as a group is required for some programs.
- Some programs carry a small out-of-pocket cost (up to \$10 per session) for materials, entry price, ingredients etc.
- Participants should bring a healthy lunch, snacks, water, myki, sunscreen and hat whenever they attend Outlook programs, unless stated.
- Groups travel by public transport to/from programs unless stated. Travel training and transport support is also available, please enquire.