Outlook Disability Services Victoria

TERM 4 2026 DAY PROGRAMS - CLAYTON

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Outlook
an inclusive society for all

	Program	Additional Information
MON	Tablet Tech - iPads	Supports participants to develop their confidence and skills in using an iPad for everyday tasks, learning, communication, and recreation. Participants will expand their understanding of iPad functions, explore a variety of apps, and learn practical digital skills tailored to their individual goals and abilities.
	Gain The Edge	A structured capacity-building program designed to support participants to develop life, employability, and digital skills that are essential for everyday independence, volunteering, and future employment opportunities.
	Activity Connect - Swimming/Gym	An all inclusive swimming and Gym program encouraging safe water and Gym activities where participants can build confidence and build on thier skills.
TUE	Literacy & Numeracy	A friendly classroom environment to help participants learn numeracy and literacy skills for everyday life. Lessons focus on practical skills that support independence and confidence.
	Creative Ability	The creative ability art program is a structured, inclusive group atmosphere designed to support participants to explore creativity, self-expression, and wellbeing through art.
	Baking	A cooking program designed around baking for people who enjoy hands-on, learning and additional support. The program builds confidence, independence, and daily living skills through the full cooking process: shopping, preparing, cooking, eating, and cleaning up a meal.
WED	Work & Life Success	Person-centered, inclusive, and flexible, focusing on real-life practice and individual goals. Participants are supported to build and develop skills, confidence, independence, access their communities which are essential for everyday life.
THU	Work Education	The Certificate I in Work Education supports participants with intellectual disability to explore work options and access pathways to further vocational education and training, improve employability and work readiness
	Fun in the Kitchen	A cooking program designed for people who enjoy hands-on, experiential learning and additional support. The program builds confidence, independence, and daily living skills through the full cooking process: shopping, preparing, cooking, eating, and cleaning up a meal.
FRI	Community Explorers	An inclusive program designed to support participants to travel safely, engage in meaningful activities, and build familiarity with community spaces through weekly outings.

Information:

- All day programs run from **9am to 3pm**. Days include the programs listed above as well as community engagement, transport time, meals and breaks, quiet time, etc.
- Groups start/finish the day at Clayton South. However, travel as a group is required for some programs.
- Some programs carry a small out-of-pocket cost (up to $10 per session) for materials, entry price, ingredients etc.
- Participants should bring a healthy lunch, snacks, water, myki, sunscreen and hat whenever they attend Outlook programs, unless stated.
- Groups travel by public transport to/from programs unless stated. Travel training and transport support is also available, please enquire.